

Serving Those Who Served

The Official Newsletter of the Kentucky Department of Veterans Affairs



KENTUCKY DEPARTMENT
OF VETERANS AFFAIRS

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Greetings teammates,

We are off to a fast and furious start for the month of February. First, we have the start of the 2025 legislative session, so the next four to six weeks will be jam packed with legislative meetings, sessions and committees. Second, KDVA will launch its Inaugural Veterans and Family Military Conference on February 04, 2025, in Louisville, KY. Working with the Labor Cabinet's Adult Education Division, University of Louisville, VA and other partners, we are bringing critical and impact information and resources to our veteran communities. In addition, our Bowling Green Veterans Center is in its final stage of construction. Our BGVC team is working hard in hiring talented staff to take care of our future veteran residents, while they put together the final touches on Kentucky's newest veteran center.



Finally, as you know, it's African American History month, where many veteran and community organizations will be celebrating African American contributions to defense of our great Nation, to include recognizing individuals or organizations like late Buffalo Soldier, BG Charles Young, the 6888th Central Postal Directory Battalion, Montford Point Marines, other notable African American Kentucky veterans through ceremonies and events.

I hope you enjoy this month addition which includes latest VA/KDVA benefits and resources news. HOOAH!!!!

Very respectfully,

Commissioner Whitney P. Allen, Jr.
Kentucky Department of Veteran Affairs

Latest VA News

VA expands access to GI Bill benefits for Veterans who served multiple periods of service

The Department of Veterans Affairs announced that — following the 2024 [Supreme Court decision](#) — it has updated the process for awarding GI Bill benefits. This change means that many Veterans who served multiple periods of military service (for example, Veterans who reenlisted) will be eligible for up to an additional 12 months of education benefits.

Under the previous policy, eligible Veterans who served at least two periods of service were limited to a maximum total of 36 months of GI Bill benefits, between the [Montgomery GI Bill](#) and the [Post-9/11 GI Bill](#). Under the updated policy, that limitation is removed — meaning that eligible Veterans can now qualify for up to 48 months of total GI Bill benefits.

This policy change also means that many Veterans who were previously limited to 36 months will now be eligible for additional education benefits. Specifically, Veterans who served at least two qualifying periods of service — one that qualified them for the Montgomery GI Bill and a second that qualified them for the Post-9/11 GI Bill — may be eligible to receive up to 12 months of additional GI Bill benefits (bringing them to a total of 48 months). This could impact as many as 1.04 million Veterans and beneficiaries, and VA is launching a targeted outreach campaign to make sure that every Veteran gets the additional benefits they deserve.

Supporting Veterans and their families is a key pillar of President Biden's Unity Agenda for the nation. VA and the entire Biden-Harris Administration are committed to helping Veterans get the high-quality, low-cost education they deserve. In 2024 alone, VA helped more than 900,000 Veterans or their families pay for school and cover expenses while training for a job.

“This policy will not only help Veterans who apply for GI Bill benefits in the future — it will also allow VA to provide additional benefits to many Veterans who used GI Bill benefits in the past,” said **Under Secretary for Benefits Joshua Jacobs**. “Every Veteran has earned the right to get a good, affordable education — and under this new policy, many Veterans will get additional 12 months of GI Bill benefits.”

Of the 1.04 million Veterans who may potentially be eligible for an additional 12 months of benefits, VA will be able to automatically adjudicate the claims for approximately 660,000

without any further action required on their part. For all remaining Veterans, VA will be reaching out to them directly to encourage them to file a claim.

As a part of this policy, VA is also extending the expiration dates for using GI Bill benefits for eligible Veterans. For each Veteran with multiple periods of service who chose the Post-9/11 GI Bill over the Montgomery GI Bill, VA will reinstate the time they had remaining at the time of their election plus 90 days. For example, if a Veteran chose to use the Post-9/11 GI Bill at a time when they had 5 years left to use the Montgomery GI Bill, they would be given 5 years plus 90 days to use any additional Montgomery GI Bill benefits. To receive an expiration date extension, applications must be submitted by October 1, 2030.

Since its inception, the Post-9/11 GI Bill has paid over \$143 billion to over 2.7 million beneficiaries. The GI Bill has long been used as a recruiting and retention tool for the military. It has enabled Veterans and service members — as well as their eligible dependents, through the Department of Defense [Transfer of Education Benefits program](#) — to train and attend school while greatly reducing their out-of-pocket costs.

To learn more about this change, including how to apply visit the Rudisill [webpage](#).

VA proposes to exempt Veterans from paying copays for certain Whole Health Well-Being Services

The U.S. Department of Veterans Affairs announced a proposed rule to exempt Veterans from paying copays for certain inpatient and outpatient [Whole Health](#) well-being services, which are available at VA facilities nationwide.

Whole Health well-being services, which focus on the overall well-being of the Veteran independent of treatment for a specific medical condition or diagnosis, are an important aspect of the VA care. Copayment exempt services include Whole Health education, Health and Wellness coaching, skill-building programs, and complementary and integrative health services such as Yoga and Meditation.

These proposed changes are part of VA and the entire Biden-Harris Administration's ongoing efforts to expand access to VA health care — at a time when VA care is [outperforming non-VA care](#), [earning Veteran trust](#) at record rates, and [delivering more appointments than ever before](#). This year, VA also began [waiving Veterans' copays for their first three outpatient mental health care visits of each year](#), proposed a rule for waiving copays for all telehealth visits, and made [tele-emergency care available nationwide](#). The proposed changes would advance VA and the Biden-Harris Administration's ongoing efforts to lower costs and expand access to care for all those who served.

“Copayment exemptions for Whole Health services is a step forward in creating greater access to preventative care for Veterans,” **said VA Under Secretary for Health Shereef Elnahal**. “VA is the best and most affordable care in America for Veterans — and this

proposed ruling is another step forward to ensuring that cost never prevents a Veteran from getting the care they deserve.”

Expanding access to VA care is an ongoing top priority. While only some Veterans require copays for VA care, VA has long acknowledged that copayments can deter Veterans from obtaining care, creating a barrier for participation in those programs. When Veterans become more actively involved in their medical care it leads to improved health care outcomes and, in turn, lower overall health care costs. There are currently multiple copayment exemptions for programs such as weight management counseling and publicly announced VA public health initiatives (for example, health fairs) or outpatient visits solely consisting of preventative screening and immunizations which has encouraged participation in these offerings.

The proposed rule exempting certain Whole Health well-being services from copayment aims to assist Veterans in becoming more actively involved in their health care and continue to seek services through these important programs.

The rulemaking can be viewed in the Federal Register under public inspection tomorrow, and will be published and open for comment beginning Jan. 6 (findable by searching for the rule on VA's Federal Register webpage).

For more information about VA Whole Health, visit the [VA Whole Health Services website](#).

VA makes several cancers presumptive for service connection – lowering the burden of proof for Veterans to receive no-cost health care and earned benefits

In a step that builds on the Biden-Harris Administration's focus to fulfill the nation's sacred obligation to the nation's Veterans, the Department of Veterans Affairs announced that it is making acute and chronic leukemias, multiple myelomas, myelodysplastic syndromes, myelofibrosis, urinary bladder, ureter, and related genitourinary cancers presumptive for service-connection for:

- **Gulf War Veterans:** Veterans who served in Somalia or the Southwest Asia theater of operations (which includes Iraq, Kuwait, Saudi Arabia, the neutral zone between Iraq and Saudi Arabia, Bahrain, Qatar, the United Arab Emirates, Oman, the Gulf of Aden, the Gulf of Oman, the Persian Gulf, the Arabian Sea, the Red Sea, and the airspace above these locations) during the Persian Gulf War on or after Aug. 2, 1990.
- **Post-9/11 Veterans:** Veterans who served in Afghanistan, Iraq, Djibouti, Egypt, Jordan, Lebanon, Syria, Yemen, or Uzbekistan and the airspace above these locations during the Gulf War on or after Sept. 11, 2001. This includes Veterans who served at the Karshi-Khanabad (K2) base in Uzbekistan after Sept. 11, 2001.

This step lowers the burden of proof for these Veterans, meaning that they do not need to prove that their service caused their condition to receive benefits for it. Instead, VA

automatically assumes service connection for the condition and provides benefits accordingly. Additionally, when a Veteran becomes service connected for a health condition, it gives them access to free health care for that condition. The presumptions for urinary bladder, ureter, and related genitourinary cancers went into effect Jan. 2, 2025, and the presumptions for acute and chronic leukemias, multiple myelomas, and myelodysplastic syndromes, myelofibrosis will be effective Jan. 10, 2025.

This expansion is part of a comprehensive, yearslong effort by VA and the entire Biden-Harris Administration to expand access to benefits for Veterans as part of President Biden's Unity Agenda for the nation. In 2022, President Biden signed the PACT Act into law — the largest expansion of Veteran benefits in generations. VA then made millions of Veterans eligible for [health care](#) and [benefits](#) years earlier than called for by the law and launched the largest outreach campaign in VA history to encourage Veterans to apply. As a result, VA is currently delivering [more care and more benefits to more Veterans than ever before](#) — and earning Veteran trust at [record rates](#).

“At VA, our goal is to provide every Veteran with the care and benefits that they've earned for their service to our nation — and that's what this is all about,” said **VA Secretary Denis McDonough**. “Adding these presumptives lowers the burden of proof for Veterans to get the benefits they deserve for the conditions that followed them home from war. We encourage Veterans with these conditions — and all Veterans — to apply today for the benefits they deserve today.”

Since the PACT Act was signed into law, VA has conducted the largest outreach campaign in VA history to ensure that Veterans are signing up for the care and benefits they are newly eligible for. As a result of this effort, nearly 890,000 Veterans have signed up for VA care since the bill was signed into law (a nearly 40% increase over the previous equivalent period) and Veterans have submitted more than 4.8 million applications for VA benefits (an 42% increase over the previous equivalent period and an all-time record). In total, more than 1.3 million Veterans have enrolled in VA health care since President Biden took office in 2021, and VA has delivered more than \$600 billion in earned benefits directly to Veterans, their families, and survivors during that time.

In addition to supporting all Veterans who served during the Gulf War, Iraq War, and Afghanistan War, these steps are also a part of a [comprehensive effort](#) VA is [undertaking](#) to listen to Veterans who served at the Karshi-Khanabad base and ensure that VA is providing them — and their survivors — with the care and benefits they deserve. Partly as a result of these efforts, K2 Veterans have higher claim and approval rates than any other cohort of Veterans: 13,002 K2 Veterans of the approximately 16,000 known K2 Veterans are currently enrolled in VA health care, more than 11,800 are service connected for at least one condition, the average K2 Veteran is service connected for 14.6 conditions at a 70% disability rating, and the average service-connected K2 Veteran receives an average of \$30,000 a year in earned benefits. VA continues to work to ensure that all K2 Veterans get access to the benefits they deserve.

VA encourages Veterans with these conditions to apply for benefits today, and encourages eligible Veterans with previously denied claims to reapply. VA will update publicly available information and conduct general outreach to Veterans and survivors to publicize this new eligibility and how to apply. To apply for benefits, Veterans and survivors may visit [VA.gov](#) or call 1-800-MYVA411.

Upcoming Events



Kentucky Department of Veterans Affairs

presents

Inaugural

Veteran and Military Family Conference

February 4, 2025

10:00 a.m. - 4:00 p.m. EST

**Founders Union Building, Shelby Campus Conference Center
University of Louisville
450 N. Whittington Parkway, Louisville, KY 40222**

Check-in plus networking at 9:00 a.m. EST - Event starts promptly at 10:00 a.m. EST

There is no charge to attend. Limited seating is available.

SAVE THE DATE
Register Here →



Sponsored By



The Kentucky Department of Veterans Affairs
presents

Enduring Legacy:
“Women Veterans Charting Our Path”

Save the Date

March 8, 2025

We are building relationships that will take us to a new level to explore Kentucky Women Veterans legacy. Through activities, story sharing, and group developments.

Registration will begin March 3

Event Address
DAV Headquarters
860 Dolwick Dr.
Erlanger, KY 41018

Keynote Speaker



Raquel Carter

CEO, Real Estate Expert,
Speaker, Community Leader



What's New at KDVA?

KDVA welcomes the new General Counsel:

Lily Chan Patteson

Lily Chan Patteson is a seasoned legal and public service professional with a strong background in child support enforcement, policy development, and leadership. As the Commissioner of the Department of Income Support for the Commonwealth of Kentucky, she oversees a team of over 130 employees and manages an annual budget of \$80 million. Under her leadership, the Department has made significant strides in supporting families, collecting over \$323 million in child support annually and establishing over 202,000 child support orders each year.



Before becoming Commissioner, Lily served as the Deputy Commissioner and IV-D Child Support Director at the same department, where she played a key role in modernizing the state's child support database and navigating a critical data breach response. She has coordinated child support programs across all 120 counties in Kentucky and developed statewide policies impacting more than 240,000 cases. Her leadership has been instrumental in ensuring the financial support of Kentucky's children while fostering partnerships with non-profits and national organizations to further enhance services.

A passionate champion of diversity, Lily has been a vocal advocate for inclusive practices throughout her career. She chaired Kentucky's inaugural Employee Resource Group for Asian-American Pacific Islanders, creating a supportive network for minorities within state government. Her efforts have helped shape a more equitable and inclusive workplace, providing a platform for underrepresented groups to thrive in public service.

Lily's legal career began as an Assistant County Attorney in the Jefferson County Attorney's Office, where she prosecuted child support cases, before being promoted to Civil Circuit Division Chief. She later worked as an Associate Attorney at Bahe, Cook, Cantley & Nefzger, PLC, specializing in complex child support litigation, asset redistribution, and family law matters.

Lily is also an adjunct law professor at the University of Louisville, where she taught trial and mediation skills. She is deeply committed to fostering diversity in legal education and public service, shaping the next generation of leaders who value inclusion and justice.

A graduate of the University of Louisville's Brandeis School of Law, Lily also holds a Bachelor of Arts in Criminal Justice from San Francisco State University. In addition, she is a certified mediator with extensive training in family law and general mediation.

Outside of her professional life, Lily is a devoted mother of three daughters who attend public school in Jefferson County, where she resides. Her husband, who has also dedicated much of his career to public service, has worked in areas including child protection services, environmental protection, and as a staff attorney for the Court of

Appeals. Together, they are deeply committed to their community. Their shared passion for public service and advocacy for families shapes Lily's work and inspires her to fight for policies that support children and families across Kentucky.

Lily is passionate about serving Kentucky's families and advancing policies that promote fairness, inclusion, and support all residents of the Commonwealth.

KVCC staff receive recognition from Fort Knox

On January 22, 2025 the 19th Engineer Battalion out of Fort Knox presented the Administrative staff at the Kentucky Veterans Cemetery Central with a Certificate of Appreciation for Patriotic Civilian Service.

The 19th Engineer Battalion was tasked with performing the funeral honors for veterans across eight states from May 2024 thru July 2024. The staff at the KVCC assisted them with guidance, mentorship and coordination efforts to ensure the veteran and their families received the military honors they so greatly deserved. The Army leadership team from the 19th Engineer Battalion was highly appreciative of the help the staff at KVCC provided and the patience they had with their honors teams. The dedication to excellence KVCC demonstrated towards honoring our veterans and their families was inspiring for the soldiers.



Women Veterans Meetup at the Gathering Bakery in Radcliff



Women Veterans Meetup at the Gathering Bakery in Radcliff, Jan. 30, 2025. KDVA WV Ambassador for Hardin County, Sharon Farris organized a women veterans meetup. Dina coordinated for Tamara McIntosh, KDVA Legal Rep to discuss legal support for veterans. Dr. Roy Berwick and Jeff who work for the Legal Aid Society added to the legal conversation to assist women veterans to better understand legal services available to them and their families.

KDVA Ambassador Award for Michael Shadel




COMMONWEALTH OF KENTUCKY
OFFICE OF THE GOVERNOR
Capitol Building, Suite 100
700 Capitol Avenue
Frankfort, Kentucky 40601
(502) 564-2511
Fax: (502) 564-2517

Andy Beshear
GOVERNOR

January 31, 2025

Mr. Michael A. Shadel, Sr.
Program Manager
Robley Rex Department of Veteran's Affairs Medical Center
800 Zorn Avenue
Louisville, Kentucky 40206

Dear Mr. Shadel:

It is my honor and pleasure, as Governor of the Commonwealth of Kentucky, to offer my sincere appreciation for your dedication, commitment, and expertise in your position as the Equal Employment Opportunity Manager (EEO) at Robley Rex Department of Veteran's Affairs Medical Center, and for your work through the years in this valuable program.

Your career has been centered around EEO and ensuring a positive working environment, and you are to be commended for many years of team building. With more than 26 years in the United States Army V Corps before your retirement in 2009, you have a proven record of loyal service, and your list of accomplishments is lengthy. The dedication and personal sacrifice displayed through the years is not only a great personal achievement but also a vital service to our nation.

For this and all of your accomplishments, you have learned, once again, a much-deserved retirement. I am grateful for your genuine devotion, and I wish you much happiness in the future as this new chapter of your life unfolds.

Sincerely,


Andy Beshear
Governor

AN EQUAL OPPORTUNITY EMPLOYER M/F/D

Michael Shadel received the KDVA Ambassador Award, a challenge coin and letter from the Governor for his work as the program manager for Equal Employment Opportunity for Robley Rex VAMC. Mr. Shadel also accepted the KDVA Ambassador for Ms. Ashley N.

Jones, RN-MSN for her work as the EEO-African/Black Employee Special Emphasis Program Manager.

Robley Rex VA Medical Center's Dr. Martin Luther King, Jr. Observance Ceremony



Governor Beshear served as the keynote speaker for the Robley Rex VA Medical Center's Dr. Martin Luther King, Jr. Observance Ceremony on Wednesday, January 15, 2025, in Louisville, KY. The event was a hybrid event with medical facility employees in attendance and broadcast to the Robley Rex VA network throughout western Kentucky. Along with Governor Beshear's speech, there was a question-answer panel with local community leaders and a recognition ceremony of the event planners and Robley Rex VAMC employee resource group leaders.

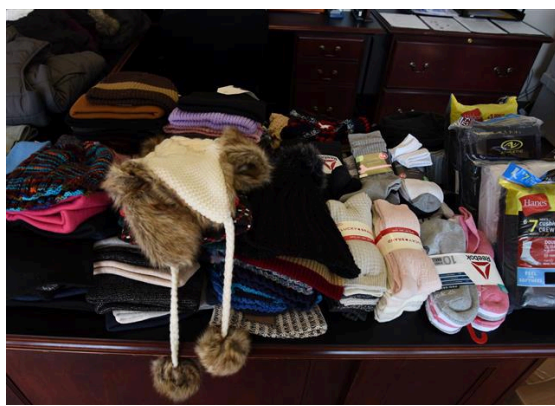
VA Substance Abuse and Mental Health Services Administration (SAMHSA)





Members of the Kentucky's Governor's Challenge team and KDVA attended the VA/Substance Abuse and Mental Health Services Administration (SAMHSA) Suicide Mortality Review (SMR) Academy in Reno, NV from January 28-30, 2025. The academy is part of the VA/SAMHSA Governor's and Mayor's Challenge to Prevent Suicide Among Service Members, Veterans and their Families program and part of the SMR grant program. Six states attended the academy to learn best practices and latest practices for suicide mortality and prevention strategies. In addition, each state participated in work groups developing their state's SMR strategies. Members of the Kentucky included representatives for Cabinet of Health and Family Services, Louisville Metro Government Coroner's Office, VA VISION #9 team (Kentucky), University of Louisville Suicide Fatality Review Committee, Louisville Metro Government Health Department, University of Kentucky Injury Prevention and Research Center, and KDVA. Kentucky received a \$300K SMR Grant in 2024.

Homeless Veterans Program receives clothing donation from Daughters of the American Revolution



The Crestwood Chapter of the Daughters of the American Revolution donated winter clothing: hats, scarves, gloves, socks and coats to the Homeless Veterans program, Jan. 16, 2025, in Frankfort, KY. The donations will be distributed throughout 52 counties in Eastern Kentucky to veterans in need of winter attire.

KDVA Congratulates PAYS Partner LTG Johnny Davis on his Promotion to Lieutenant General

Commanding general of Army Recruiting receives third star

By Shatara Riis January 15, 2025 (Photo Credits: Mrs. Shatara R. J. Riis)

Maj. Gen. Johnny Davis, U.S. Army Recruiting Command commanding general, received his call to service in the garden of his grandfather – a World War II veteran.

More than three decades ago, conversations with his granddad brought Davis to this pivotal moment today, receiving his third star.

Chief of Staff of the Army Gen. Randy George promoted Davis to long-awaited lieutenant general and presided over Davis' ceremony held in Waybur Theater at Fort Knox, Kentucky, Jan. 15.

“Johnny is an example of someone who commits to the job at hand,” George said. “In 2022, we tasked Johnny to lead the Army’s most pressing challenge – Army recruiting.”

According to George, in fiscal year 2022, the Army missed its recruiting goal by 25% – about 15,000 short of the active-duty goal.

“In fiscal year 2024, we exceeded our target. In fact, we went over our active-duty goal,” George said. “In true Army fashion, we upped our goal for 2025. Right now, I am proud to say USAREC is already halfway to our goal for this year and doing great.”

George said this progress comes through Davis' leadership and the USAREC team's dedication and hard work.

“You are a warfighter, high-energy leader and tremendous teammate,” George said.

Davis received his Senate confirmation Dec. 19, 2024, and while he once thought he would become a pastor or teacher, he is charged with the demanding and important mission of leading the Army's recruiting efforts.

Davis gave appreciation to many of his family, friends, leaders and teammates who mentored, invested in and helped get him to this point.

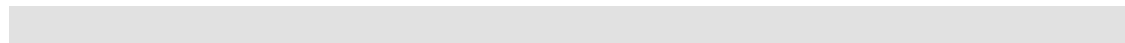


“My family and childhood friends helped shape me into the person I am through their protection, mentorship and friendship,” Davis said. “My USAREC family – my superstars – they are what motivate me each and every day. This command has so much wonderful talent and potential. I share this with the world wherever I go.”

With each promotion comes more obstacles and greater responsibility.

George advised Davis to use his rank for good; never forget the small interactions that mean a lot to people; think about how your decisions will affect the Soldiers and families in your formations; don't let the bureaucracy confine you, and make sure you're helping to grow the next generation of Army leaders.

In closing, George left Davis with a message from Secretary of the Army Christine Wormuth – “Congratulations on your well-deserved promotion. Your vision and leadership have been instrumental to the Army’s recruiting transformation. USAREC is in great hands under your command. Best wishes to you and Stacy as you take this critical mission to new heights. I know you will continue to crush it.”



CALLING KENTUCKY VETERANS!
KDVA is seeking to select 100 vets.

Pilot Program

If you're 60 and older or are suffering from a traumatic brain injury (*as defined in KRS 211.470*) you may qualify to receive a free cell phone pre-loaded with the HereNow Help app.

Friends and family may nominate a veteran as well to see if they qualify.

Nominations due back from VSOs by Feb. 14, 2025
Selected nominees will be notified Feb. 28, 2025

For more information email millie.stevens@ky.gov

Brought to you by

TEAM KENTUCKY
KENTUCKY DEPARTMENT OF VETERANS AFFAIRS

TEAM KENTUCKY
CABINET FOR HEALTH AND FAMILY SERVICES





HereNOW

HELP



Pre-register now!



HereNow Help has been developed to assist veterans in self care, peer care and clinical care. The application will provide veterans with ease of access to services and resources. The free app will be available mid-February 2025 on the Google Playstore and Apple Store.



I Support Veterans License Plates



Who is eligible

Any owner of a noncommercial motor vehicle required to be registered for use on Kentucky Highways.

Steps Requirement

Application must be made at your local County Clerk's office. Upon receipt of this plate, your regular (special) issue license plate must be turned in or issued to another vehicle.

Decal Expires Customer's Birth Month

\$10.00 of the initial and \$5.00 of the renewal registration fee goes to the Kentucky Department of Veterans' Affairs. For more information, please visit <http://veterans.ky.gov> . This plate is available for personalization with an additional \$25.00 fee annually. Personalization is limited to a maximum of 5 characters.

Relevant KRS [186.162](#)

Military Women's Memorial "Tell Her Story"



The Military Women's Memorial (MWM) is the only major national memorial honoring all servicewomen – past, present and future. The MWM honors more than 3 million women who served and continue to serve in the U.S. Armed Forces since the American Revolution.

Women's military service should be no less recognized than men's but historically the focus of history and preservation has been on men.

Why it's Important to Register?

EVERY STORY is important, EVERY STORY deserves to be told. Yet we have lost most of our WWI women veterans and our WWII women are fast coming to their final chapter. What history we have not recorded will be lost with them. We absolutely CANNOT let another generation go by without ensuring that our collective contributions are captured and remembered.

Please REGISTER HERE : www.womensmemorial.org

There is no cost to register! You can register any woman you know who is in or has served in the military. Let's keep "HER-Story alive!"

Useful VA Links

- **VA Housing Assistance Page** - Information about home loans, eligibility, interest rates reductions and other related topics: <https://www.va.gov/housing-assistance/>
- **National Center for PTSD** - Provides information and resources to veterans, care providers and organizations relating PTSD: <https://www.ptsd.va.gov/>
- **Covid-19 Vaccine Updates** - Latest updates on Covid-19 guidance and vaccinations: <https://www.va.gov/health-care/covid-19-vaccine/>
- **VA Life Insurance (VALife)** - <https://www.benefits.va.gov/insurance/valife.asp>
- **Veterans Readiness and Employment (VR&E)** - job training, education, employment coaching, etc.: <https://www.benefits.va.gov/vocrehab/index.asp>

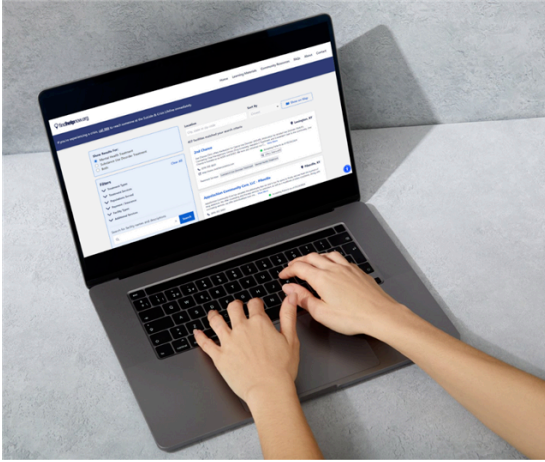
Upcoming Dates and Events

- Black History Month (**February**)
- Groundhog Day (**Feb. 2**)
- Four Chaplains Day (**Feb. 3**)
- USO Birthday (**Feb. 4**)
- National Salute to Veteran Patients (**Feb. 9-15**)
- Valentine's Day (**Feb. 14**)
- President's Day (**Feb. 17**)
- Coast Guard Reserve Birthday (**Feb. 19**)

Resources for Veterans

At the Kentucky Department of Veterans Affairs, we are committed to supporting our veterans with the resources they need.

Discover a wealth of services and support options through [FindHelpNow.org](https://www.findhelpnow.org) - your go-to resource for immediate assistance. Whether you're looking for mental health support,



housing assistance, or employment resources, [FindHelpNow.org](https://www.findhelpnow.org) has got you covered! Be sure to look for the "Veterans/Military" population filters available. The website displays near real-time available openings at substance use disorder and mental health facilities, recovery houses, naloxone distribution sites, and social services resources. Visit [FindHelpNow.org](https://www.findhelpnow.org) today to explore these enhanced resources and find the support you need! See YouTube

video: https://www.youtube.com/watch?v=SWfaLHz_kk



Telehealth Urgent Care Services are available:

Monday thru Friday From 8AM-6PM

502-287-4000 / 800-376-8387

Select Option #3, then 1 for primary care nurse

VA



U.S. Department of Veterans Affairs

Veterans Health Administration
Robley Rex VA Medical Center
Louisville, Kentucky

Be seen at home or on-the-go

Telehealth Urgent Care Service at the Robley Rex VA Medical Center

Care you can get with Telehealth:

- Influenza, Covid-19
- Prescription Management
- Urgent care issues like colds, coughs, and stomach aches
- Back pain
- Urinary symptoms
- Dental Pain
- Sore throat
- Ear pain
- Arthritis
- Gout

Telehealth Advantages

- Can be seen anywhere if you have internet or access to a phone.
- Time flexibility
- Avoid the ED waiting room
- Friendly and professional staff

 **Veterans
Crisis Line**
DIAL 988 then PRESS 1

Be seen at home or on-the-go with Robley Rex VA Medical Center Telehealth Urgent Care Service. Available Monday thru Friday from 8AM - 6PM. Call (502) 287-4000 or (800) 376-8387. Select Option “#3”, then Option “1” for primary care nurse.

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1111 Louisville Rd Suite B Frankfort, KY 40601

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This is a Test Email only.

This message was sent for the sole purpose of testing a draft message.